

Wellbeing Strategy Check-In

In preparation for the 2025 Wellbeing Strategy discussion, please assess Year 1 goals and action items introduced in 2024 for your organization. This working document will assist in determining your 2025 strategy initiatives.

DATA ANALYSIS & RISK ASSESSMENT

- Utilize medical plan data to assess risk and identify opportunities for program offerings
- Consider implementing an employee wellbeing survey

BUILD THE FOUNDATION

- Form an employee wellbeing committee
- Engage senior leadership to support program
- Develop wellbeing strategy and program design

COMMUNICATION & ENGAGEMENT

- Develop a wellbeing brand
- Leverage communication channels and create plan to reach spouses and non-engaged employees
- Develop calendar of events for year

TARGETED HEALTH INTERVENTIONS

- Determine areas of interest based on identified risks and communicate existing programs
- Consider additional programs by third-party vendors

EVALUATION

- Determine measures of success for annual wellbeing activities
- Develop a plan to evaluate effectiveness of third-party vendor programs