Defining Your Superpowers (Your Unique "X" Factor)

Taking the time to identify your unique strengths is a crucial part of discovering your personal brand. The Gallup StrengthsFinder is a well-known and established tool in helping identify these, but even with that tool, you will need to do a comprehensive assessment of your skills, experiences, achievements, likes/dislikes to gain a clear understanding of what sets you apart from others. These exercises are a way to start this self-exploration (it is a continuous journey!) and will help you identify your "X" factor as you move forward in creating your personal brand.

	1.	
5.	you	2.
4.	3.	
of these strengths surpri	se you?	
agree/disagree with the I	results from the Gallup StrengthsF	Finder assessment?
	missing, but you believe are some	e of your ton strengths?
angths do you think are	missing, but you believe die some	e oi youi top stieligtiis:

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Seeking Feedback from Others: While the Strengths Finder assessment is usually pretty accurate, it is always

beneficial to seek the insight from those around and closest with us. Select 2-3 people who know you well (your mentor/mentee can be one of those if you knew each other before the program!) ask the following question and document below: Based on our interactions/relationship, what do you think my top strengths are? How did the responses from others compare to: • Gallup StrengthsFinder? Additional strengths you listed above?

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Linking it back to your role/bank: As you are assessing your strengths, answer the following questions:

1. How do your strengths show up in your job? Are there ways that you could capitalize on your strength

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ly/friends, nent?

Once you have completed this exercise, bring these worksheets to discuss at your next mentor/mentee meeting!