

Highlights

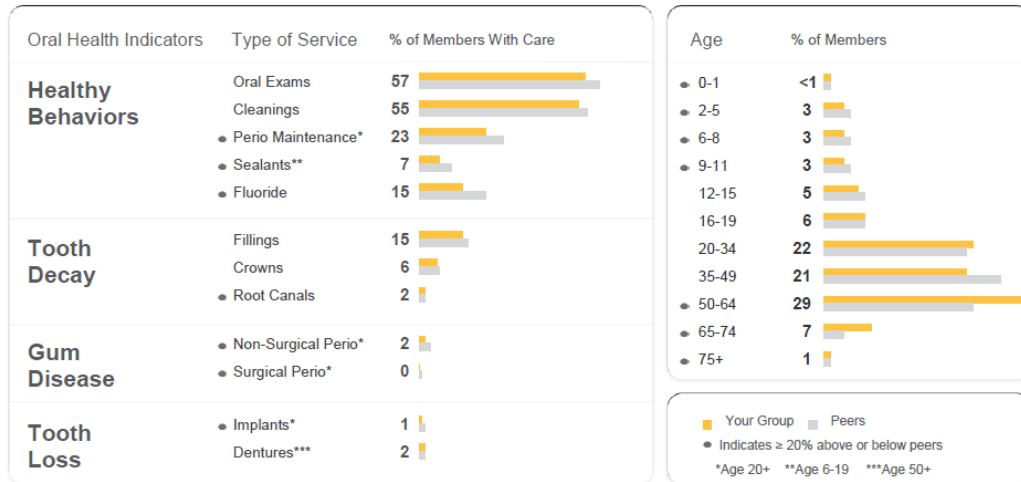
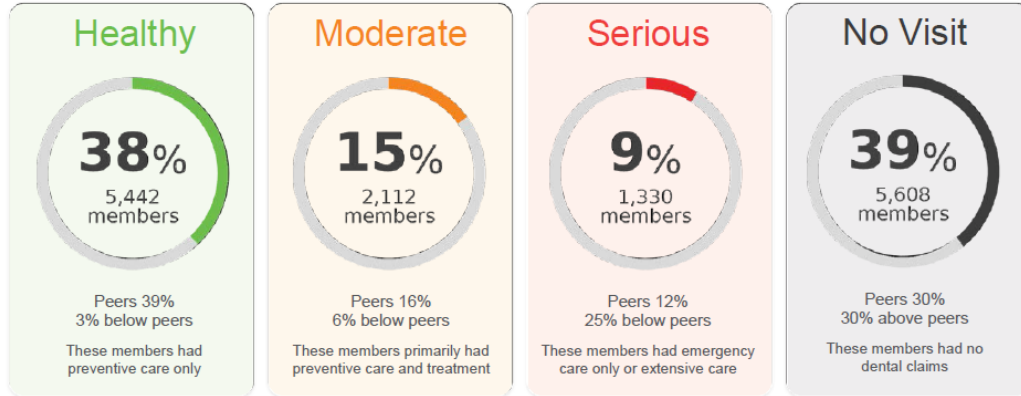
- Healthentic Report
- Importance of Preventive Care
- Reminders:
 - Right Start 4 Kids[®]
 - *Healthy Smile, Healthy You*[®]
 - Virtual dental visits available through *TeleDentistry.com*
 - Discounts on hearing aids available through Amplifon



Healthentic Dental Action Report

- Benchmarks against peers of same industry and size both nationally and locally
- Tied utilization to health categories
- See historical trends and measure results
- Provides opportunity to respond to behavior

Categories

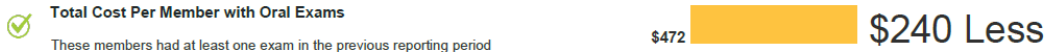


- 38% of members are considered “Healthy”
 - *DDVA Book of Business: 33%*
- 39% of members didn’t see at dentist in the last plan year compared to 28% in 2021
 - 17% of members have not seen a dentist in two years
 - *DDVA Book of Business: 43% and 23%*
- The majority of No Visit members are age 20 and older
 - 20 to 49 is typically the highest concentration

The Cost of No Visits

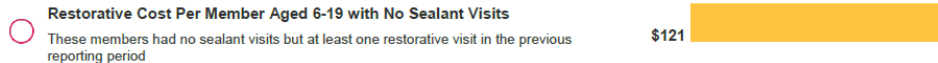
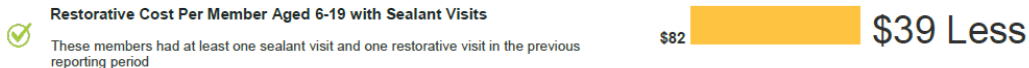


Oral Exams



2022 Benchmark: National Data \$353 Less

Sealants



2022 Benchmark: National Data \$83 Less

Oral Health & Overall Health

BRAIN

Studies have shown a connection between bacteria associated with periodontal disease and the progression of Alzheimer's disease.⁵

HEART

People with gum disease may have a higher risk for heart disease when compared to those with healthy gums, according to the American Academy of Periodontology.⁵

LUNGS

Research has found that bacteria associated with gum disease has been linked to a higher risk of respiratory diseases such as pneumonia.⁴

INTESTINES

Inflammatory bowel disease (IBD) may cause ulcers in the mouth.⁶

KIDNEYS

If you have kidney disease, take extra care of your teeth and gums. Kidney disease may cause mouth problems such as bad breath.⁷



- 120+ diseases may be first detected by dental exam
- Early detection can make treatment easier, less costly, and possibly lifesaving

Prevention First

- Diagnostic and Preventive services such as cleanings, exams, and x-rays do not count towards the annual maximum
- This means, even if you use your full annual maximum during the year for other services, your preventive services will still be covered at 100%
- Included in Comprehensive, Indemnity, and Basic plans

WITHOUT PREVENTION FIRST		
Diagnostic and Preventive treatment (twice annually)		
Delta Dental Pays	Member Pays	Max Remaining
\$190	\$0	\$1,310
WITH PREVENTION FIRST		
Diagnostic and Preventive treatment (twice annually)		
Delta Dental Pays	Member Pays	Max Remaining
\$190	\$0	\$1,500

*The example shown is for illustrative purposes only.



Included
Benefit

Right Start 4 Kids[®]

- Removes cost barriers
- Preventive and Diagnostic services are already covered at 100% with no deductible
- RS4K provides **100%** coverage with no deductible for:
 - **Basic** services
 - **Major** services
- Available to children up to age 13
- Must see an in-network provider

*Applicable plan limitations, exclusions, and annual maximums still apply

*Orthodontic services are not eligible for the 100% coverage level

Healthy Smile, Healthy You®

Healthy Smile, Healthy You® provides additional dental benefits beyond your plan limit, per benefit period for the following health conditions that are connected to oral health:

- ✓ Pregnancy
- ✓ Diabetes
- ✓ High risk cardiac conditions
- ✓ Cancer treatment
- ✓ Weakened immune systems
- ✓ Kidney failure or dialysis

You must enroll before taking advantage of this benefit. You can download the enrollment form at DeltaDentalVA.com.



Included
Benefit

Delta Dental – Virtual Visits

Delta Dental – Virtual Visits provides access to dentists 24/7, 365

- *online [DeltaDentalVA.com](https://www.DeltaDentalVA.com)*
- *over the phone [866-256-2101](tel:866-256-2101)*

Members may use service when they:

- *Have a dental emergency, but do not have a dentist,*
- *Need access to a dentist after hours,*
- *Would like to consult a dentist while traveling.*

**A teledentistry visit counts as a problem-focused exam.*



Included
Benefits



Introducing Amplifon



Risk-free trial: Try your hearing aids for 60 days*



Follow-up care: Ensures a smooth transition*



Battery support: Battery supply or charging station*



Warranty: Three-year coverage*

About 40 million Americans have hearing loss¹. In fact, about 12% of the U.S. working population has hearing difficulty². Because hearing loss can affect people of all ages, Delta Dental of Virginia is teaming up with Amplifon Hearing Health Care to offer you quality care and special savings on your hearing needs.

What causes hearing loss?

Hearing loss can be caused by obstructions in the ear or permanent damage to the inner ear. Common causes of permanent damage include exposure to noise, aging, some health conditions and certain medications.

When should I get my hearing checked?

You should have your hearing screened every three to five years or tested annually after age 50. You should also have your hearing screened if you are experiencing:

- Consistent exposure to loud noises,
- Difficulty understanding others in noisy environments,
- Feeling as though people are not speaking clearly or are mumbling, or
- Consistent ringing in your ears.

How to Access Your Hearing Program

- Call Amplifon at **877.593.0051**
- Amplifon will explain the program details and help you take a virtual hearing assessment to confirm the presence of hearing loss
- If loss is detected, Amplifon will help you schedule an appointment with a provider near you
- Amplifon will send information to you and the provider, ensuring your program is activated

For more information, call **877.593.0051** or visit www.amplifonusa.com/lp/deltadentalva

Pre-Determination of Benefits

- Recommended – but not required
- For services of \$250+
- Process:
 - Dentist submits to Delta Dental to include proposed treatment plan
 - Delta Dental processes like a claim form (turnaround time 5-7 business days)
 - Statement mailed to dentist and subscriber – indicating reimbursement amount

Allows members to make an informed decision prior to having services rendered!