

Bank Supervisor School

LEAD INTENTIONALLY

BY InterAction Training



2023

Communication Styles Quiz

The following questions will help you get an idea of your communication style. Check off any for which your answer is yes. However, you'll probably be able to see that you do many of these things sometimes, so only check off those that seem to describe you best. The style for which you have the most checks is your dominant communication style. *

1. Passive

- Do you try to push your feelings away rather than express them to others?
 - Do you fear that expressing yourself will cause others to be angry with you or not like you?
 - Do you often say things like "I don't care" or "It doesn't matter to me" when you do care or it actually does matter?
 - Do you keep quiet or try not to rock the boat because you don't want to upset others?
 - Do you often go along with others' opinions because you don't want to be different?
- Total: ____

2. Aggressive

- Are you most concerned with getting your own way, regardless of how it impacts others?
 - Do you yell, swear, or use other aggressive means of communicating regularly?
 - Do your friends fear you?
 - Are you disrespectful toward others when communicating with them, not really caring if they get what they need as long as your needs are met?
 - Do you have an attitude of "my way or the highway"? Have you ever heard anyone describe you this way?
- Total: ____

3. Passive-Aggressive

- Do you have a tendency to be sarcastic when you feel angry?
 - Do you tend to give people the silent treatment when you're angry with them?
 - Do you often find yourself saying one thing but thinking another, such as going along with another person's wishes even though you want to do something else?
 - Are you generally reluctant to express your emotions but find that how you feel gets expressed in other ways, like slamming doors or other aggressive behaviors?
 - Do you fear that expressing yourself will cause others to be angry with you or stop liking you, so you try to get your message across in more subtle ways?
- Total: ____

4. Assertive

- Do you believe that you have a right to express your opinions and emotions?
 - When you're having a disagreement with someone, are you able to express your opinions and emotions clearly and honestly?
 - When communicating with others, do you treat them with respect while also respecting yourself?
 - Do you listen closely to what others are saying, sending them the message that you're trying to understand their perspective?
 - Do you try to negotiate with others if you have different goals, rather than being focused on getting your own needs met?
- Total: ____

*It is not uncommon for people to use different styles depending on the situation and person they're communicating with. The point is not to diagnose how you communicate, but to increase awareness of your patterns of communicating so you can choose to communicate in different ways if you choose.

Communication Styles

Passive Communication

Passive people often don't communicate verbally. They tend to bottle up their emotions instead of expressing them, perhaps out of fear of hurting others or making them uncomfortable, or maybe because they don't believe their feelings or opinions matter as much as those of others. People with a passive communication style usually fear confrontation and believe that voicing their opinions, beliefs, or emotions will cause conflict. Their goal is usually to keep the peace and not rock the boat, so they sit back and say little.

Aggressive Communication

Aggressive communicators attempt to control others. They're concerned with getting their own way, regardless of the cost to others. Aggressive people are direct, but in a forceful, demanding, and perhaps even vicious way. They tend to leave others feeling resentful, hurt and afraid. They might get what they want, but it's usually at the expense of others, and sometimes at their own expense, as they may later feel guilty, regretful, or ashamed because of how they behaved.

Passive-Aggressive Communication

Like passive communicators, those who have a passive-aggressive style fear confrontation and don't express themselves directly. However, because of their aggressive tendencies, their goal is to get their way, but they tend to use indirect techniques that more subtly express their emotions, such as sarcasm, the silent treatment, or saying they'll do something for others but then "forgetting".

Assertive Communication

Assertive people express their wishes, thoughts, feelings, and beliefs in a direct and honest way that's respectful both of themselves and of others. They attempt to get their own needs met but also try to meet the needs of others as much as possible. They listen and negotiate, so others often choose to cooperate with them because they're also getting something out of the interaction. Others tend to respect and value assertive communicators because this communication style makes them feel respected and valued.

Assertive communication is the way people with good self-esteem tend to express themselves. They feel good about themselves, and they recognize that they have a right to express their opinions and feelings. However, this does not mean people with low self-esteem can't be assertive and being more assertive in your communication will actually improve how you feel about yourself. It will also improve your relationships and interactions with others, and this too will increase your self-esteem.

Would You Buy From You?

One of the most effective ways to assess your effectiveness in handling customers is via the question: "If you were the customer, would you buy from yourself?" Please perform a self-analysis by placing an X at the appropriate indicator on the scale after each question. The key to the scale is: 5 (completely); 3 (sometimes); 1 (not at all). You are welcome to place an X anywhere along the scale.

		5	4	3	2	1
1	Is your image one of honest and straightforward sincerity?					
2	Based on your experience with customers over the past year or so, from the buyer's point of view, would you be classified as reliable?					
3	Would you say your customers obtained special benefits dealing with you they wouldn't have obtained from others?					
4	Do you think you come off as an expert in the eyes of your customers?					
5	Have you been effective helping to solve customer problems?					
6	Whenever possible, would you say you handled problems and complaints to the buyer's satisfaction?					
7	Is INTEGRITY one of the most important words in your vocabulary?					
8	Apart from your business dealings, do you think customers believe you have their personal welfare and well-being at heart?					
9	Does your selling style/approach add significantly to the VALUE your customers are seeking?					
10	Do customers look upon you as a good reliable source of product and industry information?					
11	Has doing business with you contributed positively to most of your customers' profit performance?					
12	Would most of your company's customers continue dealing with you even if a competitor approached them with a price that's a little bit lower?					



Identifying Needs

One of the most critical parts in the managing process is discovering needs. You need to become a very good listener to achieve success. The goal is to become proficient in the art of listening and asking the right questions and to be genuine as you go about this.

ARE YOU A GOOD LISTENER?

Attitudes	Always				Never
Do you like to listen to other people talk?	5	4	3	2	1
Do you encourage other people to talk?	5	4	3	2	1
Do you listen even if you do not like the person who is talking?	5	4	3	2	1
Do you listen equally well whatever the person talking is a man or woman, young or old?	5	4	3	2	1
Do you listen equally well to a friend, acquaintance or stranger?	5	4	3	2	1

Actions	Always				Never
Do you put what you have been doing out of sight and out of mind?	5	4	3	2	1
Do you look at him/her?	5	4	3	2	1
Do you ignore the distractions around you?	5	4	3	2	1
Do you smile, nod your head, and otherwise encourage him/her to talk?	5	4	3	2	1
Do you think about what he/she is saying?	5	4	3	2	1
Do you try to figure out what he/she means?	5	4	3	2	1
Do you try to figure out why he/she is saying it?	5	4	3	2	1
Do you let him/her finish what he/she is trying to say?	5	4	3	2	1
If he/she hesitates; do you encourage him/her to go on?	5	4	3	2	1
Do you restate what he/she has said and ask him/her if you got it right?	5	4	3	2	1
Do you withhold judgment about his/her idea until he/she has finished?	5	4	3	2	1
Do you listen regardless of his/her manner of speaking and choice of words?	5	4	3	2	1
Do you listen even though you anticipate what he/she is going to say?	5	4	3	2	1
Do you question him/her in order to get him/her to explain his/her idea more fully?	5	4	3	2	1
Do you ask him/her what the words mean as he/she uses them?	5	4	3	2	1

Excellent Listener: 87 and above
 Average Listener: 78 to 86
 Needs Improvement: 77 and below

TOTAL SCORE: _____

What Do You Want?

I want to be perceived at work (by customers, management and peers) as:

(Check six)

- | | |
|--|--|
| <input type="checkbox"/> A leader | <input type="checkbox"/> Independent |
| <input type="checkbox"/> Problem collector | <input type="checkbox"/> Successful |
| <input type="checkbox"/> Average | <input type="checkbox"/> Unaware |
| <input type="checkbox"/> Reluctant | <input type="checkbox"/> Responsible |
| <input type="checkbox"/> Unsure | <input type="checkbox"/> Dull |
| <input type="checkbox"/> Bright | <input type="checkbox"/> Perceptive |
| <input type="checkbox"/> Team player | <input type="checkbox"/> Problem solver |
| <input type="checkbox"/> Uncaring | <input type="checkbox"/> Unreliable |
| <input type="checkbox"/> A follower | <input type="checkbox"/> Adaptable |
| <input type="checkbox"/> Confident | <input type="checkbox"/> Sensitive |
| <input type="checkbox"/> Mediocre | <input type="checkbox"/> Dependable |
| <input type="checkbox"/> Reliable | <input type="checkbox"/> Knowledgeable |
| <input type="checkbox"/> Serious | <input type="checkbox"/> Exceptional |
| <input type="checkbox"/> Approachable | <input type="checkbox"/> Skilled |
| <input type="checkbox"/> Qualified | <input type="checkbox"/> Proficient |
| <input type="checkbox"/> Trained | <input type="checkbox"/> Amateur |
| <input type="checkbox"/> Dedicated | <input type="checkbox"/> Empathetic |
| <input type="checkbox"/> Concerned | <input type="checkbox"/> Too busy to be bothered |



Current Culture

Please circle 5 words that best describe your organization from your perspective.

Career Opportunities

High Morale

Recognizes Staff

Caring

High Turnover

Respectful

Challenging

Inconsistent

Secretive

Change-Oriented

Innovative

Shared Values

Competitive Compensation

Shares Information

Learning Organization

Empowerment

Listens

Slow Decision Making

Fair

Out of Touch

Slow to Change

Flexible

Pride

Stressful

Fun

Professional

Teamwork

Hierarchical

Progressive

Trusting

Employee Attitude Survey

	Yes	No
1. I know exactly what is expected of me on my job.		
2. I have a very clear understanding of the results I am expected to achieve.		
3. I have a definite idea of just what authority I can exercise.		
4. I'm supervised appropriately. I get direction but have leeway to do my job.		
5. I'm supervised too closely.		
6. I'm supervised too loosely.		
7. I know very definitely what my manager thinks of my work.		
8. My manager is frank and complete in telling me what he/she thinks of my performance.		
9. Within the last 6 months my manager has made suggestions regarding responsibilities on which I need to improve.		
10. My manager frequently observes me doing my work.		
11. I have had a formal interview with my supervisor on my overall performance within the last year.		
12. My manager freely communicates and reinforces the mission of our department.		
13. I like the idea of a regular interview on my overall performance.		
14. My manager goes out of his/her way to help me in doing an even better job.		
15. I get the recognition and encouragement I desire.		
16. My supervisor uses appropriate ways to motivate me.		



Recognition Survey

How do you want to be recognized in our department? Each of us prefers to be recognized in different ways (i.e., some of us like to be recognized in a public celebration; others prefer quiet, personal recognition; etc.) Please complete this survey and let me know how to recognize your above and beyond performance!

Your Name _____ Date _____

1. What preferred name would you like used in a recognition ceremony?

2. What type of celebration do you prefer?

3. What type of award would you appreciate? (You can check more than one choice)

- | | |
|---|---|
| <input type="checkbox"/> Handwritten thank-you note/card | <input type="checkbox"/> Personalized plaque |
| <input type="checkbox"/> Typed letter for your personnel file | <input type="checkbox"/> Engraved trophy or other memento |
| <input type="checkbox"/> Framed certificate of achievement | <input type="checkbox"/> Something with the company logo |

4. What recognition gifts do you like? (You can check more than one choice)

- | | |
|---|---|
| <input type="checkbox"/> Shopping gift certificate | <input type="checkbox"/> Time with senior management |
| <input type="checkbox"/> Dinner for two | <input type="checkbox"/> Tickets to the theatre, ballet, symphony |
| <input type="checkbox"/> Attend a training class or seminar | <input type="checkbox"/> Opportunity to work on a special project |
| <input type="checkbox"/> CD's or DVDs | <input type="checkbox"/> Movie passes |
| <input type="checkbox"/> Tickets to a ball game | <input type="checkbox"/> Merchandise |
| | <input type="checkbox"/> Other _____ |

5. Who would you prefer present the award to you?

- Your manager
- The person who nominated you for the award
- Senior management

6. May I publicize your accomplishment in the company newsletter?

- Yes No

7. If you had a day to spend as you choose, describe what you would do and where you would go:

Employee Needs Chart

Name			
Career Aspiration			
What is most important to this person			
Strengths to develop			
What forms of recognition & awards does this person most value			
Recognition ideas for...			



Factors Important in Building Employee Morale

Rank what is important to you related to your job and your work environment

(1, 2, 3... with 1 being the most important)

- ___ Interesting work

- ___ Working Conditions

- ___ Security

- ___ Appreciation of Work Done

- ___ Wages and Benefits

- ___ Opportunity for Advancement

- ___ Feeling of being in on things/communication

- ___ Personal Loyalty to Employees

- ___ Supervision/Tactful Discipline

- ___ Sympathetic Help with Personal Problems

- ___ _____

- ___ _____

Setting Behavior Expectations

Examples...



<p>ONE TEAM People working together as a lean, global enterprise for automotive leadership, as measured by: <i>Customer, Employee, Dealer, Investor, Supplier, Union/Council, and Community Satisfaction</i></p> <p>ONE PLAN</p> <ul style="list-style-type: none"> Aggressively restructure to operate profitably at the current demand and changing model mix Accelerate development of new products our customers want and value Finance our plan and improve our balance sheet Work together effectively as one team <p>ONE GOAL An exciting viable Ford delivering profitable growth for all</p>	<p>Expected Behaviors</p> <p>Foster Functional and Technical Excellence</p> <ul style="list-style-type: none"> Know and have a passion for our business and our customers Demonstrate and build functional and technical excellence Ensure process discipline Have a continuous improvement philosophy and practice <p>Own Working Together</p> <ul style="list-style-type: none"> Believe in skilled and motivated people working together Include everyone; respect, listen to, help and appreciate others Build strong relationships; be a team player; develop ourselves and others Communicate clearly, concisely and candidly <p>Role Model Ford Values</p> <ul style="list-style-type: none"> Show initiative, courage, integrity and good corporate citizenship Improve quality, safety and sustainability Have a can do, find a way attitude and emotional resilience Enjoy the journey and each other; have fun - never at others' expense <p>Deliver Results</p> <ul style="list-style-type: none"> Deal positively with our business realities; develop compelling and comprehensive plans, while keeping an enterprise view Set high expectations and inspire others Make sound decisions using facts and data Hold ourselves and others responsible and accountable for delivering results and satisfying our customers
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Code of Excellence excerpt:

- I act with integrity and the highest ethical standards at all times.
- I consistently surpass the expectations of our customers and provide excellent service.
- I build strong relationships that create customers for life.
- I lead by example and will innovate and improve the customer experience.
- I own and immediately resolve problems without blame or excuses.
- I am proud of my professional appearance, behavior and positive attitude.



Example

- **PLAY:** State of mind bringing energy to everyday tasks at hand
- **CHOOSE YOUR ATTITUDE:** Reaction to what life gives you, your choices affect others
- **BE THERE:** Becoming engaged and being emotionally present for all those around you
- **MAKE THEIR DAY:** Contribute to others in a meaningful and memorable way. Small acts of kindness.



Professional Maturity

Source: Interaction-training.com

We've all heard the saying, "Clothes make the man." Certainly, one look at someone goes a long way in helping us determine our perception of that person. So, while appearance is a critical component of being professional, it is by far not the only consideration. Other important components of being perceived as professional are a positive attitude, body language, good work habits and communication skills.

The components necessary to be seen as professional are:



Appearance



Positive Attitude



Communication Skills



Good Work Habits

Appearance



Appearance

Have you ever noticed that when you look good, you automatically feel better about yourself? There is a direct connection between how you look to yourself and your attitude. Taking good care of yourself improves your self-image and makes you ready to face whatever comes your way. When we dress nicely and are well-groomed, we tend to sit a little straighter, think more clearly, feel more confident, and project a positive self-image.

Let's look at our appearance through the lens of the customer...

- Do we look professional?
- Do we feel confident?
- Can we be trusted to take care of their money?
- What are some advantages to looking and dressing professionally for the people we serve?
- Clothing, hair, hands, nails, face, make-up, perfume...
- Too much skin, tattoos, unkept clothing...
- Behaving or acting inappropriately

Your work clothing should be viewed as an investment. Pieces of clothing that are traditional in style remain in style for many seasons. It is not how much money you spend on clothes that matters, but how wisely you invest in your clothing that counts.

What are some advantages to looking and dressing professionally?

HAIR

Well-cut, clean hair is essential.

For men, facial hair should be shaved daily unless a mustache or beard is worn. In that case, neat and trimmed close to the face sends the professional message.

HANDS, NAILS

Clean, well-manicured and soft are the key to sending the appropriate message. Keep hand lotion at your work area. Don't forget cuticles; they should be smooth and soft. We seal deals, say welcome and goodbye with handshakes. Polish should not be chipped or missing from nails. If you get your nails manicured, consistency is the key. Keeping appointments on a regular basis will ensure your nails always look nice.



FACE, MAKEUP, PERFUME

When you dress for work, project your intelligence first, your femininity second. This means you want the focus on your face, not elsewhere.

Evenly applied, natural-looking is the goal for makeup.

If unsure how to get the right look for the office, visit any makeup counter at the mall and tell the artist you'd like your look to appear professional. He or she will know the right touch to show you.

Avoid heavy, overpowering perfumes for the office. Just a dab will do for the office. Again, any perfume counter person can help you select a fragrance that's just right for the office.

GUARANTEED TO DETRACT FROM A PROFESSIONAL IMAGE

√ **Showing**

- Too much skin
- Tattoos
- Undergarments
- Wrinkled, unclean or unkempt clothing

√ **Behaving or Acting**

- Inappropriate
- Sharing confidential information
- Arguing
- Blaming
- Shouting
- Controlling
- Demoting or demanding
- Unconcerned
- Gossiping
- Sharing too much personal information
- Flirting

√ **Thinking**

- "I'm better than. . ."
- "They expect too much from me."
- "I'm not paid enough to put up with this."
- "I have too much to do to be taking time with these people in the office."

✓ **Saying**

- Nah Yeah
- Huh? No problem

Communication



VERBAL AND NON-VERBAL COMMUNICATION

Communication Skills

- Verbal communication – words are powerful – we need to train on this
- Non-verbal communication – can send an even stronger message

WORDS HAVE POWER

Here's a sample list of words that repel and those you can substitute:

Some words repel.

Avoid

Contract
Sign here
Sell
Cancellation
Salesperson
Commission
Cost
Credit card
Problem
Objections
Expensive
Cheaper
Service charge
Complaint
Fault
Mistake
Reject
Cannot
Blame
Failure

Try

Agreement/paperwork
Ok the paperwork/autograph
Get involved
Right of rescission
Business consultant
Fee
Investment
Form of payment
Challenge, situation, issue, concern
Areas of concern
Top of the line
More economical
Processing fee
Experience
Lapse
Oversight
Decline
Can
Accountable
Breakdown, malfunction



Word to Use, Words to Avoid

Using language appropriately can dramatically improve the effectiveness of our communication with others. The right words and others will be more receptive to your message. Select inappropriate words and you'll have others confused, defensive, or angry.

Trigger Phrases

"Our policy. . ."

"I'm sorry, we can't."

"Sorry, that's the way it is."

"No, I don't know. . ."

"But, . . ."

"You should have. . ."

"Why didn't you. . ."

"The only thing we can do. . ."

"You need to. . ."

"No problem"

Calming Phrases

"Here's what we can do."

"I can . . ."

"Thank you for . . ."

"I can find out. . ."

"And, . . ."

"I understand why you. . ."

"I can see why. . ."

"The best option, I think is. . ."

"Might I suggest that you. . ."

"It would be my pleasure"

Attitude



Positive Attitude

It's the difference between seeing the glass half full vs. half empty

*Life is **10%** what happens to me and **90%** how I react to it – Excerpt from Chuck Swindoll*

Work Habits



Good Work Habits

CONFIDENCE

Without confidence in yourself and your abilities, you will be inclined to avoid challenges and struggle with decision making.

Best practices in building confidence

- ✓ Set personal and professional goals
- ✓ Be a sponge – always willing to learn
- ✓ Seek out additional responsibilities to help others
- ✓ Take charge of a work project or volunteer
- ✓ List – What strengths do I bring to the team?

REPUTATION

A good reputation will serve you well all through life.

Best practices in managing your reputation

- ✓ Social networking sites – build or destroy?
- ✓ Trustworthiness

Nothing can tarnish a person's reputation more than being perceived as untrustworthy or dishonest.

Social media challenge: How do you want to be perceived?



Talent Assessment

Interview Questions

- Describe your current team - What do you like and dislike?
 - What are the most important accomplishments of your career?
 - What is your greatest weakness?
 - How do you handle apologies, either giving or accepting them?
 - How do you handle conflict?
 - Can you tell me about someone who is better than you in an area that really matters to you?
 - What is the hardest you've ever worked on something in your life?
 - What do you like to do when you're not working?
 - Give me an example of a situation where your level of motivation led you to initiate something without being told to do so.
 - What is the last thing you had to teach yourself on the fly? How and why did you do it?
 - Have you ever worked with a difficult colleague or boss? How did you handle the situation?
 - What two things do you do to build credibility and rapport with colleagues?
 - How would your colleagues/team members describe you? What would they say your shortcomings are?
 - Tell me about a team project or effort that did not go as well as planned. Why?
 - How do you handle fluctuations in workload and/or constant interruptions?
 - Would you be a good fit for leading and managing people and why?
-
- Mission Statement: *Integrity. Strength. Trust. ABC Bank is committed to providing a strong foundation to build relationships that empower our customers and employees to achieve their dreams.*
- How do you fulfill or feel you contribute to this mission statement?



Self-Evaluation Template

Self-evaluation is a skill used by those who want to elevate their personal and professional skills. It takes courage and vulnerability to be honest with yourself. The results help you create a plan to close the gap between where you are now and where you want to be.

On a scale of 1-10 with 1 being low and 10 being high, rate yourself on the following.

Name	
Question	Rating
How successful do you want to be as a _____?	
Where do you rate yourself now?	
What do you think needs to happen for you to close the gap?	
What is your greatest challenge?	
And what else?	
What resources or skills do you need to address your challenges?	
How would things be different if you solved your challenges?	
What do you wish you had from your supervisor that you don't have now?	
If you had the best day you've ever had as a _____ what would have happened?	



Action Plan:

Goal	Purpose	Actions	Begin Date	Complete Date	CL 1-5	Support Resources Needed
		1. 2. 3.				

1. Goal

2. Purpose

3. Action



The Eisenhower Box

	URGENT	NOT URGENT
IMPORTANT	<p>DO <i>Do it now.</i></p> <p>Write article for today.</p>	<p>DECIDE <i>Schedule a time to do it.</i></p> <p>Exercising. Calling family and friends. Researching articles. Long-term biz strategy.</p>
NOT IMPORTANT	<p>DELEGATE <i>Who can do it for you?</i></p> <p>Scheduling interviews. Booking flights. Approving comments. Answering certain emails. Sharing articles.</p>	<p>DELETE <i>Eliminate it.</i></p> <p>Watching television. Checking social media. Sorting through junk mail.</p>

*"What is important is seldom urgent and what is urgent is seldom important."
-Dwight Eisenhower, 34th President of the United States*



Daring Feedback

The Engaged Feedback Checklist

Brené Brown

I know that I'm ready to give feedback when...

- I'm ready to sit next to you rather than across from you
- I'm willing to put the problem in front of us rather than between us (or sliding it toward you).
- I'm ready to listen, ask questions, and accept that I may not fully understand the issue.
- I'm ready to acknowledge what you do well instead of picking apart your mistakes.
- I recognize your strengths and how you can use them to address your challenges.
- I can hold you accountable without shaming or blaming.
- I am open to owning my part.
- I can genuinely thank someone for their efforts rather than criticize them for their failings.
- I can talk about how resolving these challenges will lead to growth and opportunity.
- I can model the vulnerability and openness that I expect to see from you.





Attitudes



The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company. . . a church. . . a home. . . (a classroom). The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past. . . we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. . . I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you. . . we are in charge of our ATTITUDES.

- Charles Swindoll

Inspiration Nook

BOOKS

- *Good to Great – Jim Collins*
- *It's your Ship – Captain Michael Abrashoff*
- *Winning with People – John Maxwell*
- *Great by Choice – Jim Collins*
- *The Five Dysfunctions of a Team – Patrick Lencioni*
- *The Motive – Patrick Lencioni*
- *The Advantage – Patrick Lencioni*
- *The Ideal Team Player – Patrick Lencioni*
- *The Truth about Employee Engagement – Patrick Lencioni*
- *Perfect Phrases for Managers and Supervisors*
- *Perfect Phrases for Performance reviews*
- *Crucial Conversations – Patterson – Grenny – McMillan – Switzler*
- *Heart-Led Leadership – Tommy Spaulding*
- *Nice Bike – Mark Scharenbroich*
- *Dare to Lead – Brenè Brown*
- *The Coaching Habit – Michael Bungay Stanier*

PODCASTS

- *At the Table – Patrick Lencioni – the Table Group*
- *No Ego – Cy Wakeman*
- *Super Soul Conversations - Oprah*
- *Unlocking US – Brenè Brown*
- *Safe for Work – With Liz & Rico*

WEBSITES/LINKS

Cy Wakeman – YouTube videos (Subscribe to her YouTube page)

https://www.youtube.com/channel/UC5G_jUiSFkWILIXB0mmTjgg

interaction-training.com (Store – Free Resources)

baudeville.com

tablegroup.com

simpletruths.com

manager-tools.com

branchingexcellence.com (monthly publication)





THANK YOU FOR YOUR TIME!

Karen Butcher

BY InterAction Training



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