

Grand Adventure

Your Challenge Journey

Embark on an adventure through the breathtaking Grand Canyon! Explore iconic spots like the North Rim, trek along the North Kaibab and Bright Angel Trails, and pass through the scenic Kachina Trail and Prescott National Forest. Walk an average of 6,000 steps per day for four (4) weeks and let the canyon's stunning views inspire every step of the way!

CHALLENGE DURATION

April 7
– May 4



Sign-Up for the Challenge

1. Log in to the Wellness Portal:
www.wellworksforyoulogin.com
2. Click **Challenges** from the portal homepage
3. Find **Grand Adventure** and click **Activate**
4. Select how you would like to appear on the leaderboard and click **Activate** to become an active participant in the walking challenge



How To Participate

Track your steps in the Challenge Dashboard. Click on one of the following resource links for step-by-step instructions to connect your device or app to the Wellworks For You Wellness Portal or Mobile App.

DEVICE & APP SYNC

[Guide PDF](#)

[How To Video](#)

TROUBLESHOOTING TIPS

[Click Here](#)



Log into the Wellness Portal

1. Go to www.wellworksforyoulogin.com or click **Sign In** on the Wellworks For You Mobile App
2. Your username will be : **Work Email**
3. Your temporary password * will be: **Date of Birth in MMDDYYYY format** including all leading zeros (no spaces, dashes, or other punctuation)
Example: 05051975
4. Click **Login** on the web portal or **Sign In** on the Mobile App
5. Accept the terms of the Consent Form
6. Fill in the required information



Challenge Goals

Participants must **average 6,000 steps per day** throughout the **four (4) week** challenge to meet the challenge goal.

Download the
Wellworks For
You Mobile
App to Get
Started Today

