## NOOM WEIGHT

### Frequently Asked Questions



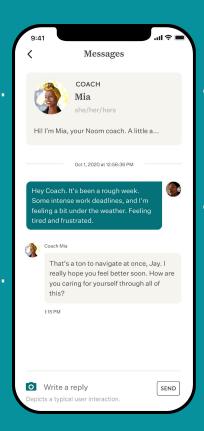
#### Who is Noom for?

Noom participants must be over the age of 18. Noom reserves the right to remove participants from the program should it come to our attention that the program is no longer suitable for the individual, including conditions like pregnancy, BMI below the normal range, etc.



# What if an employee already has a paid Noom subscription?

If an employee is already subscribed to a Noom program and would like to switch over to your employer-sponsored program, please have them email . The partner support team will assist employees with getting switched over and can provide a pro-rated refund, if applicable.





### How long is the healthy weight program?

Program duration for your employees will be one year from their enrollment date.



### What is the time commitment?

The daily time commitment for Noom is approximately 10 minutes a day on average.



### What mobile devices are compatible with Noom?

We recommend an Android or iOS smartphone running at least Android version 6 (Marshmallow) or iOS 10.3.3, which is an iPhone 5s, or better. We also recommend having at least 600MB of free space. Noom will run on tablets such as Android tablets and iPads, however with limited functionality because tablets are not typically designed with motion sensors. Kindle Fire tablets are not supported.