

KNOWLEDGE. EMPOWERMENT. MOTIVATION. CONNECTION.

## FIRST MEETING TOOL

Below are some suggested topics/questions to cover during your first meeting.

Describe your interests, hobbies, or causes that you support.

Both: What are you hoping to gain from participation in this program?

Mentee: What are some of the mentee's greatest challenges (short & long term)?

Mentor: What assistance can the mentor provide on these challenges?

## Action Items to Be Completed before Next Meeting:

- a. Mentor
- b. Mentee

Next Meeting Date, Location and Tentative Topic(s):